



Fall 2015

caring & sharing news
Helping rebuild lives following the death of a child

That Their Light May Always Shine . . .

*The Bereaved Parents of the USA
Northern Virginia Chapter
Invites you to the
2015*

*Annual Service of Remembrance
Sunday, December 6, 2015
5:30 p.m.*

*First United Presbyterian Church
14391 Minnieville Rd.
Woodbridge, VA 22193*



*Please RSVP by
Saturday, November 28, 2015
703-910-6277*

or

e-mail: bleachermom2000@aol.com



The Annual Service of Remembrance provides an opportunity for parents, grandparents, siblings, relatives and friends to remember our precious children.



Please join us in celebration of our children's lives as we enter this Holiday Season with Love, Compassion and Hope for all.



Slide Presentation ~ During the program, we will be presenting a slide presentation of our children. To have your child(ren) included, please provide a photo of your child to Jodi Norman, 2816 Noble Fir Court, Woodbridge, VA 22192. Photos can be mailed, sent on a disc or e-mailed to bleachermom2000@aol.com. If you are sending an original photo to be scanned, it will be returned to you. Also, provide the child's name, date of birth and date of death. ***Deadline to submit a photo is Saturday, November 28, 2015. Photos will not be accepted after this date.*** Any questions, contact Jodi at 703-656-6999.

Fellowship and Pot Luck Dinner to follow the service. Please bring a main dish, salad, side dish or dessert to share. Beverages will be provided.

Please bring a framed photo of your child (no larger than 8x10) identified with your child's name and age. A table will be set up for you to display your child's picture.

Poinsettias will be used to decorate for our Service. If you would like to sponsor a poinsettia in memory of your child, we are asking for a \$15 donation. You may take the poinsettia home with you at the end of the evening. Please let Jodi know by Saturday, November 28, 2015 if you would like to sponsor a poinsettia.

In order to ensure your child's name is included in the printed program please provide your children's name by email to bleachermom2000@aol.com no later than ***Saturday, November 28, 2015.***

We encourage people to participate in the program. If you would like to participate please let Jodi know by November 28th, so you can be included in the program.

Doors will open at 5:00 p.m. with the service starting promptly at 5:30 p.m.

Please bring an unwrapped gift to be given to Trevor's Treasures for children in area hospitals this Christmas. If you would like, bring a gift that you would've bought for your child, sibling or grandchild.

Any questions, please contact Jodi Norman at 703-656-6999 or e-mail: bleachermom2000@aol.com



We Remember Our Children

Who have birthdays and death dates
in October, November and December

| | | | |
|-------------------------------|----------------------------|-------------------------------------|----------------------------|
| Kirsten Lynn Adler | 2/21/94 ~ 10/24/10 | Jayden William Lee | 10/23/10 ~ 10/23/10 |
| CJ Angelos, | 5/28/85 ~ 11/18/06 | Glen Irvin Leonard II | 4/13/71 ~ 12/07/09 |
| Mielen Garlit Arquines | 12/01/68 ~ 6/04/08 | Tiffany Michelle Lewis | 1/26/80 ~ 10/11/96 |
| Scott R. Barley | 12/7/81 ~ 9/29/11 | Sara Kelsey Lott | 11/01/95 ~ 7/23/08 |
| Demitrios Bedoya | 10/27/76 ~ 2/10/03 | Darren McKeever | 12/07/80 ~ 11/19/98 |
| Trevor Austin Blake | 10/30/01 ~ 8/11/13 | Michael Sean O'Berry | 9/13/94 ~ 12/15/97 |
| Christina Panzo Bowers | 1/08/94 ~ 11/01/14 | Angela Oliver | 11/07/67 ~ 1/06/11 |
| Mateo Louis Bowman | 10/15/13 ~ 10/15-13 | Michael Pennefather | 12/09/95 ~ 2/04/08 |
| Clayton Breeding | 10/23/77 ~ 12/12/01 | Kylene Marie Privett | 12/14/83 ~ 8/13/07 |
| Brian Brumbaugh | 11/09/83 ~ 5/02/07 | Ronald Ralph, Jr | 7/27/66 ~ 11/04/02 |
| David John Butts | 10/18/80 ~ 12/16/05 | Courtney Sharee Shelby | 11/23/93 ~ 5/14/01 |
| Lisa Marie Champlin | 10/16 ~ 9/2 | Brandon Simms | 10/10/80 ~ 7/14/95 |
| Jason Michael Colson | 3/09/84 ~ 10/01/08 | Jacqueline Simoes | 11/05/66 ~ 3/15/06 |
| David Justin Combs | 11/22/79 ~ 11/23/01 | Adelacia Smalley | 08/06/94 ~ 10/19/02 |
| Christina Lynn Curtis | 3/01/74 ~ 12/25/07 | Ben Smith | 12/22/70 ~ 1/26/03 |
| K.J. Edwards | 12/03/85 ~ 10/31/03 | Karl Dewan Smith | 11/20/83 ~ 4/25/04 |
| Brian Patrick Elero | 12/30/80 ~ 10/29/01 | Jerry Damon Taybron | 11/21/75 ~ 8/18/07 |
| Rhonda Lynn Flannery | 7/31/63 ~ 11/10/01 | Shawn Terrill | 2/23/82 ~ 12/03/06 |
| Erin Gaston | 9/27/80 ~ 10/31/08 | Derek M. Tierney | 1/20/76 ~ 10/09/04 |
| Ahmad Givon Glenn | 3/06/83 ~ 12/04/06 | Christopher Andre' Waters Jr | 5/31/97 ~ 12/23/07 |
| Eric Gonzalez | 10/03/02 ~ 10/05/02 | Mindy Weakley | 12/20/83 ~ 9/02/09 |
| Olivia Jean Howard | 12/31/91 ~ 9/03/09 | Brenden Wilson | 1/10/98 ~ 11/10/14 |
| Adrienne Leigh Ingram | 6/25/79 ~ 12/02/07 | Kevin Woods | 12/08/93 ~ 8/06/14 |
| Leslie Ann Kramer | 4/20/71 ~ 12/17/06 | Stephen Wesley Wright | 6/06/89 ~ 11/21/13 |

We apologize if there are any mistakes in the "We Remember Our Children" section. If we spelled any names incorrectly, have any dates wrong, or your child's name is not listed and have a birthday or death date during the months of October, November and December, please provide us with your child's information so they can be included correctly in future newsletters.

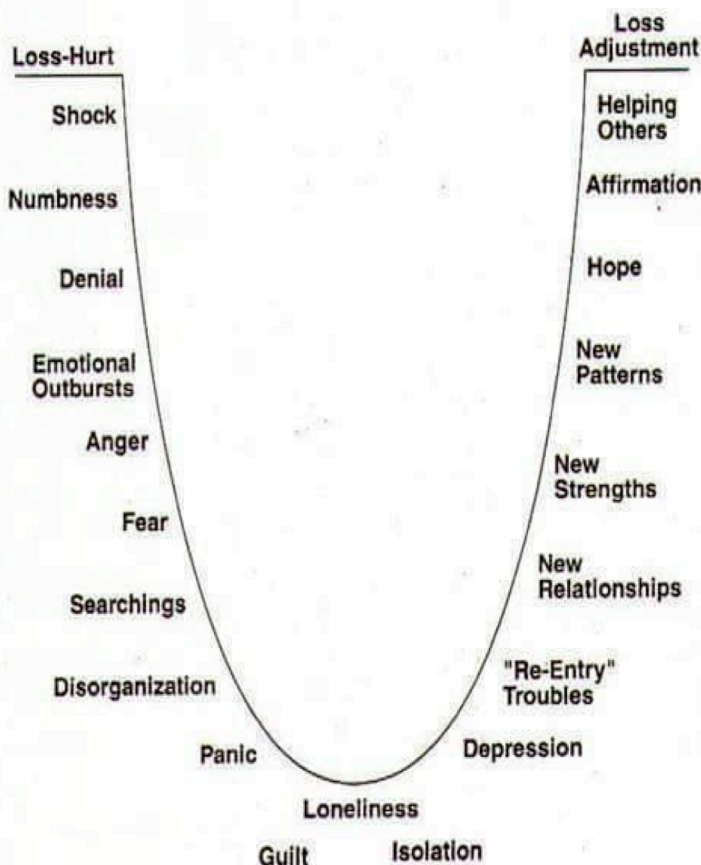


In Memory of Tommie J. Wonnum, III June 14, 1984 ~ June 30, 2003

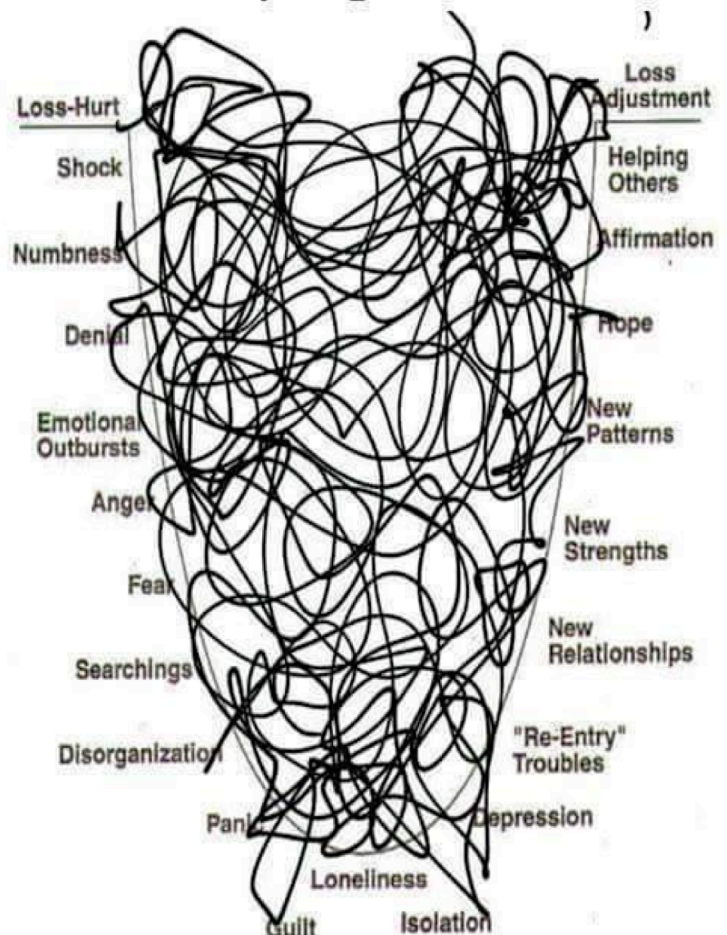
My Guardian Angel,
Tommie J. Wonnum, III,
we miss you so much!
Love, Mom


So how does a Mom know where her son soul has landed? She smiled one day, she laughed, she started to be able to sleep again, her heart was at peace, she joined the world again. Mom misses her baby every day and thru Jesus grace and mercy she sees signs and finally realizes that her angels soul landed in a place that indeed allowed her to smile again laugh once more and to recognize the blessings that have allowed a mother to loose a child' here on earth but to recognize and celebrate where his soul has landed! Only a merciful God would allow peace in a mother's heart -

STAGES OF GRIEF



My experience





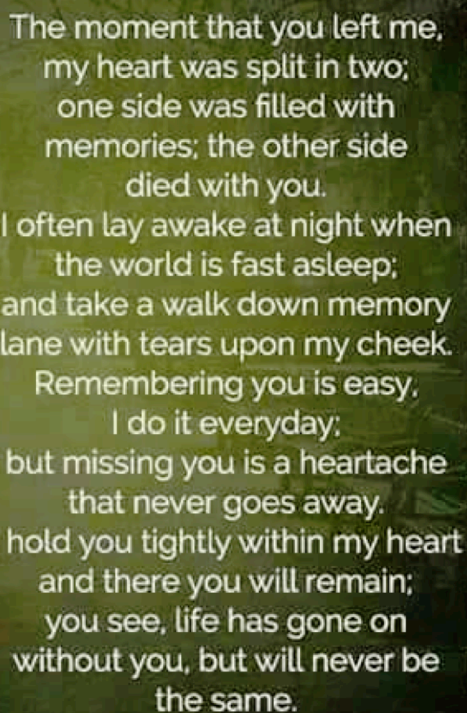
As we age, we learn that grieving
is an essential element in expanding
our ability to love, cherish and enjoy
all that we have, while we have it.

We develop wounds that can never
heal but we learn, these will not kill us
unless we choose to let them. We learn
life is finite and happiness is a personal
choice.

We honor our lost loved ones
best by remembering them
happily for as long as we live.

~ CL Heyes

Our Angels In Heaven



The moment that you left me,
my heart was split in two;
one side was filled with
memories; the other side
died with you.
I often lay awake at night when
the world is fast asleep;
and take a walk down memory
lane with tears upon my cheek.
Remembering you is easy,
I do it everyday;
but missing you is a heartache
that never goes away.
I hold you tightly within my heart
and there you will remain;
you see, life has gone on
without you, but will never be
the same.

Blair Robertson
www.BlairRobertson.com

A Pair Of Shoes

I am wearing a pair of shoes.

They are ugly shoes.

Uncomfortable shoes.

Each day I wear them,

And each day I wish

I had another pair.

Some days my shoes
hurt so bad that I do not think

I can take another step.

Yet, I continue to wear them.

I get funny looks wearing these shoes.

They are looks of sympathy.

I can tell in others eyes that they are
glad they are my shoes and not theirs.

They never talk about my shoes.

To learn how awful my shoes are
might make them uncomfortable.

To truly understand these shoes

You must walk in them.

But, once you put them on,

You can never take them off.

I now realize that I am not the only
one who wears these shoes.

There are many pairs in this world.

Some women are like me and ache daily
as they try and walk in them.

Some have learned how to walk in
them so they don't hurt quite as much.

Some have worn the shoes so long that
days will go by before they think
about how much they hurt.

No woman deserves to wear these
shoes. Yet, because of these shoes

I am a stronger woman.

These shoes have given me

The strength to face anything

They have made me who I am.

I will forever walk in the shoes
Of a woman who has lost a child.

Author Unknown

Caring and Sharing Support Meetings

4th Sunday

Oct. 25 & Nov. 22

No meeting on Dec. 27

3 p.m.

Good Shepherd UMC
14999 Birchdale Avenue
Dale City, VA 22193

2nd Thursday

Pot Luck Social Event

7 p.m.

Larson Home
6900 Cole Timothy Court
Manassas, VA 20112
703-791-6537
rlarson900@verizon.com

3rd Wednesday

AMORe

(All Murdered Offspring Remembered)

Murder Victims Support Group

6 p.m.

3182 Golansky Blvd, Suite 101
Woodbridge, VA 22192
703-395-9546 (cell)

bruane01@verizon.net

For more information contact:

Jodi Norman, Chapter Leader

703-910-6277 (home)

703-656-6999 (cell)

bleachermom2000@aol.com

We Have a New Website!!

Check out our new website: bpusanova.com. I need everyone to help me update our new website by providing a bio and a photo or a collage of photos of your child. Please email photos and written information about your child to bleachermom2000@aol.com.

Honor your child's memory by sponsoring our monthly Tribute. Many people choose to recognize their loved one's special days, such as a Birthday or Death Date in lieu of a traditional gift. Doing this is a meaningful way to honor your child while helping BP/USA NOVA Chapter. Suggested donation for this sponsorship is \$30. To sponsor the website and place your child's picture on the Home Page, please contact Jodi at the above e-mail address .

Infant Loss Support Group

Anyone who has experienced the death of an infant due to stillbirth, miscarriage or neonatal death, and needs support or someone to talk to who understands what you are going through, please contact

Mary Mozingo

mhmozingo@gmail.com

571-408-1907

Mary would like to start a support group for Parents of Infant Loss. If you are interested in attending a monthly meeting that will offer support and understanding after an Infant Loss, please let Mary know.

Sponsor the Newsletter

If you would like to sponsor the newsletter in memory of your child, we are requesting a donation of \$40 for a full page and \$20 for a half page. Please provide pictures, stories, poems, letters to your child, or anything you would like to put in the newsletter.

Please email submissions to Jodi at bleachermom2000@aol.com.

Yankee Candle Fundraiser

BP/USA NOVA Chapter is partnering with Yankee Candle Fundraising. They are the world's #1 candle brand and they offer a wide range of premium candles, fragrances, and décor items at a very wide range of prices. The most important thing to know is that **40% of every sale goes to BP/USA NOVA Chapter!** The prices on the candles and other items are the same prices that you would pay at any retail store. There are a lot of beautiful fall and Christmas items available in the Fall and Winter Collection.



Online Shopping: Visit www.yankeecandlefundraising.com and enter **Group Number: 990078671** in the "Start Shopping" box. Then shop for catalog items and online exclusives to help raise money for the chapter. To invite friends and family to participate, fill out the "Signup to be a seller" form and use the group number to register. Simple instructions allow you to send informational e-mails to friends and family. Items they order will ship directly to them. The online shopping is currently available and will run through January 13, 2016.

Yankee Candle's new mobile app makes contacting family and friends to support your fundraiser easy, automated and very fast. The App lets you load all your contacts from your organization and send out one common message to all of them to shop your fundraiser online. Contact friends, relatives, co-workers, Facebook friends, Twitter followers, Pinterest Partners . . . with one quick message! Download Yankee Fundraiser at Apple App Store or Google Play.

Please support Bereaved Parents of the USA NOVA Chapter in providing needed funds to operate the Chapter, provide outreach, print newsletters, host special events and projects such as the Candle Lighting, Butterfly Release, Memorial Garden, Picnic and Balloon Release. Thank you for your support!

Someone Cares About You

If you are receiving this newsletter and have never attended one of our meetings, it is because someone who cares about you feels that our newsletter may help you on your journey through grief. We're sorry for the reason you are receiving this newsletter but invite you to attend our monthly meetings. We cannot take away your pain but we can offer friendship and support.



Updating Our Records

Please help us update our records by returning the information form in this newsletter. Even if you have been in the Chapter for a long time, please update your information.

If we don't have your information it is really important for you to send in the information form. Most importantly, we need your email address (if you have one), so you can receive our newsletter and to stay updated on our activities and meetings.



Find us on:
facebook®

A facebook page has been set up for our chapter. Members can join our group at <http://www.facebook.com/Bereaved Parents of the USA/ Northern VA Chapter> This is a closed group for privacy purposes, so nothing posted here will go into your regular News Feed for your regular FB friends to see. Request to join the group and approval will be sent to you.

Bereaved Parents of the USA Credo

We are the parents whose children have died. We are the grandparents who have buried grandchildren. We are the siblings whose brothers and sisters no longer walk with us through life. We come together as Bereaved Parents of the USA to provide a haven where all bereaved families can meet and share our long and arduous grief journey. We attend month gatherings whenever we can and for as long as we believe necessary. We share our fears, confusion, anger, guilt, frustrations, emptiness and feelings of hopelessness, so that hope can be found anew. As we accept, support, comfort and encourage each other, we demonstrate to each other that survival is possible. Together we celebrate the lives of our children, share the joys and the triumphs as well as the love that will never fade. Together we learn how little it matters where we live, what our color or our affluence is or what faith we uphold as we confront the tragedies of our children's deaths. Together, strengthened by the bonds we forge at our gatherings, we offer what we have learned from each other to every more recently bereaved family.

*We are the Bereaved Parents of the USA.
We welcome you.*

Chapter Contact Information

Jodi Norman, Leader
P.O. Box 7675
Woodbridge, VA 22195
Phone: 703-910-6277
bpusa.nova@yahoo.com



Bereaved Parents of the USA
P.O. Box 622,
St Peters, MO 63376
www.bereavedparentsusa.org

Attention: If you do not wish to continue to receive this newsletter or be on our mailing list, please let us know by mailing back the address label from this newsletter, by emailing bleachermom2000@aol.com or calling Jodi at 703-910-6277.

Bereaved Parents of the USA
Northern Virginia Chapter
P.O. Box 7675
Woodbridge, VA 22195

Bereaved Parents of the USA
Northern Virginia Chapter Information Form

It is time to update our records, so please fill out this form and return it to the address below as soon as possible. Even if you have been in the Chapter for a long time, please update your information.

If you are receiving our newsletter for the first time everyone within the Northern Virginia Chapter of the Bereaved Parents of the USA wants to say that we are sorry you have the need for this newsletter but we hope our newsletter will be helpful on your journey. Please complete and return this form so that your child may be remembered in our newsletters.

If you DO NOT wish to continue to receive our newsletter and be on our mailing list, please let me know by mailing back the address label from this newsletter, or e-mail me at: bleachermom2000@aol.com. Thank you

Please print, filling in all applicable blanks. *This is for internal use only.*

Your Name: _____

Mailing Address: _____

City: _____ State: _____ ZIP Code: _____

Home Phone _____ Cell Phone _____

E-mail: _____

Would you like to receive the newsletter in the mail _____ or electronically _____ or both _____

Child's Full Name: _____

Male _____ Female _____

Child's Birth Date: _____ Child's Death Date: _____

Cause of Child's Death: _____

Child's relationship to you (e.g. son, daughter, brother, sister, grandchild) _____

Note: The information you have given above will be confidential (*used for internal purposes only*) unless you answer "yes" to the following questions and then only for the stated purpose.

1. Do you want your child's name to appear in the newsletter's "***We Remember You***" section with birth and death dates? Yes _____ No _____

2. May we include the above information in the BP/USA Northern Virginia Chapter directory?
Yes _____ No _____

Please return to: The Bereaved Parents of the USA, Northern Virginia Chapter, P.O. Box 7675, Woodbridge, VA 22195