



# Bereaved Parents OF THE USA

*Twenty-Three Years of Hope & Healing*

## *Spring Pot Luck Dinner*

*Wednesday, April 1, 2026*

*7:00 p.m.*

*Valerie & Rich Larson Home*

*6900 Cole Timothy Court*

*Manassas, VA*



*RSVP:*



<https://www.signupgenius.com/go/10C0948ACAE22A4F8CF8-61413398-march>

## *Bereaved Mother's Day*

*Luncheon*

*Sunday, May 3, 2026*

*1:00~3:00 p.m.*

*United Buffet, Woodbridge, VA*



*RSVP by Friday, May 1:*

<https://www.signupgenius.com/go/10C0948ACAE22A4F8CF8-62940365-bereaved>

## *Saturday Brunch*

*May 30, 2026*

*1:00 p.m.*



*Ashton Avenue Family*

*Restaurant*

*9920 Cockrell Road*

*Manassas, VA 20110*

*RSVP by Wed., May 26:*

<https://www.signupgenius.com/go/10C0948ACAE22A4F8CF8-63000911-saturday>

## *Save the Date :*

*2027 Chapter Retreat*

*October 15-17, 2027*

*Roslyn Retreat Center*

*Richmond, VA*

## In Loving Memory of Kristin Marie Harkness

It's "that" time of year again for my family and me. You know what I'm talking about. "That" time where some of us walk through every moment we're aware of that was our child's last moments of life. "That" time of year where all of the "What if's?" come to mind. As I write this, "that" time of year has passed just two weeks ago, February 22nd, the 18th angel date of our beautiful 18-year-old daughter and sister Kristin.



The anticipation of each angel date year after year brings with it a knot in my stomach, but this year was particularly difficult because Kristin has now been gone for as many years as she lived, 18. Only a bereaved parent would understand the significance.

More than anything, it's the number. 18... When "that" day occurred 18 years ago and I was introduced to other members of this "club," those who had lost a child 5, 10, 15 years ago, was more than I could wrap my head around. Now here we are ourselves at our own daughter's 18th angel date. That's almost 20 years! How could I have possibly continued to survive so many years without Kristin? For a long time, I truly didn't think it was possible.

Another tough day that lies ahead for us is Kristin's birthday next week, March 19th. She would be turning 37 years old. All of her old friends, except one, are married and have at least one child. All have graduated from college, started careers, fallen in love, gotten married, had babies. Kristin remains 18, forever. No degree, no career decisions, no love interests, weddings or babies. My own dreams for her died with her "that" day.

Still, we all try to remember what it was to have our child here with us, no matter the length of time. After all, that's much healthier than dwelling on the years we haven't had them. That isn't to say that I never go there. I still have some harsh discussions with God, and with every wedding or birth celebrated by her friends, my thoughts are of the unfairness. Trust me, I feel that unfairness for each of you as well.

As Kristin celebrates her 37th birthday in heaven, I will actually be dancing an Irish jig at our neighborhood St. Patrick's Day dinner that very day. A few neighbors saw me goofing off one day by "pretending" to do a jig, and they were apparently impressed. Do I know how to do a jig? Nope! Did I try to get out of doing it? Yep! However, I decided that perhaps Kristin set me up for this. It's something she would have done as the jokester she was for all of her short life. So I'll be doing it for her because I continue to do anything I can in her memory. In fact, I will be sharing my reasons with the crowd, and saying her name so all will know she lived and continues to be celebrated. My daughter is Kristin Marie Harkness. Although forever 18, she will be celebrating her 37th birthday in heaven, as she has celebrated her birthdays there for 19 years. She will never be forgotten...

All of us face "those" days, the angel dates and birthdays. May you find those days even more gentle than others. If it's a tough one, there will be tomorrow. If you find it helps to celebrate them, embrace the day. Just do whatever you need to do to survive yet another day, and remember that you are never alone.

Surviving together, Linda Harkness  
Kristin's Mom (3/19/89-2/22/08)

## In Loving Memory of Matthew Ruane

Our Dearest Matthew,

You are so greatly missed every second, every day. Twenty-four years ago, April 29th, an evil person decided that you should not be here on earth with those who love you anymore.

You have missed so much. There have been weddings, births, deaths, moves, special events, new accomplishments, new friends, and so many more things. Everything that happens, I think of you and wonder what you would think and how you would feel and react. Not a day goes by that we don't think about you. I'm always looking for and seeing your signs. Thank you. We love and miss you so much. Until we meet again.....

Love always, Mom, Dad, and all the family



# BEREAVED PARENTS OF THE USA NATIONAL GATHERING

July 24-26  
Pittsburgh Airport Marriott



For more information and to register:

<https://bereavedparentsusa.org/2026-national-gathering/>

For "Early-Bird" Rates register before 1 May

## Jiffy Lube Live Fundraiser

We have the opportunity to fundraise again this year at Jiffy Lube Live Concerts by selling concessions.

All volunteers will need to attend the required training provided by Jiffy Lube Live, which are coming up in April and May. **Please let send an email to [bpusanova@gmail.com](mailto:bpusanova@gmail.com) if you are interested in volunteering, so you can receive more information and dates for training.**

Any chapter member, family members and friends (over the age of 18) can help us by volunteering.

The Chapter keeps all tips and a percentage of the sales. There are many concerts from April to October to volunteer at. We had a fun time last year and hope more of you will join us this year!



There are dozens of tasks that go into running our chapter and our special events. If you feel you are now in a place in your grief journey where you can help and give back to the chapter in any little way, we would love your help. Most of us find that when we reach a point of giving back to those who come after us, we gain far more than we give.

We could really use volunteers to plan our special events (Picnic, Butterfly Release, and Service of Remembrance).

Would love to have someone volunteer to plan social events, ie. Dinner, Brunch, Lunch, etc. I'd like to have something social every month or every other month.

If you are interested in helping plan the chapter retreat, please let me know.

Other areas of need are in Fundraising, Publicity, Outreach, and helping at the Memorial Garden.

If you would like to volunteer to help our chapter, please contact Bev at [bpusanova@gmail.com](mailto:bpusanova@gmail.com) or call her at 703-395-9546.

## Beverly Elero

February 13, 1953 - January 2, 2026

"The nicest group of people you would never want to meet."

Those were the words of my husband Tom following the first of our many times participating in the support group Bereaved Parents of the USA. Those words couldn't have been truer than in my meeting Beverly and Bernie Elero at my first Bereaved Parents Gathering in New York in 2009, one year after the loss of our 18 year old daughter Kristin.

I was in a workshop with them and when I found out that they were from Virginia, we exchanged numbers. They thought they would most likely not hear from me, but not long after returning home to Virginia, I contacted them and our beautiful friendship began and has continued for 16 years.

When I last spoke to Beverly, we assured each other that we would get together soon. In fact, we had been saying just that for the past 3 years or so.

Sadly, Bernie contacted me after the new year to share the devastating news that Beverly had passed unexpectedly January 2nd. I was, and continue to be, heartbroken.

We could never begin to count the number of people who found comfort, compassion, love and support from Beverly and Bernie Elero during their 20+ years as chapter leaders of The Compassionate Friends. There were many times that they considered stepping aside, but without anyone coming forward to lead their chapter, they hung on so as not to abandon others who had lost a child.

Their own loss occurred on October 29, 2001 when their son Brian, who suffered from a mental illness died by suicide at the age of 20. As devastated as they were with their own loss, both made the decision to help others which they hoped might in turn help themselves on their own paths to healing.

Beverly was one of the sweetest, kindest, most faithful, caring, compassionate women I've ever met. She was the most beautiful woman, both inside and out, and her smile was warm and welcoming to all, but especially to those who had suffered the loss of a child. She shared with me that she couldn't be angry with God that this had happened to her son because she knew that one day He would call His child Home and when that time came, she would be grateful for any time she'd had with Brian, even his short 20 years.

I admired Beverly for her strength, values, and faith. As tragic as her loss has been, I know there was quite a joyful reunion the day Beverly made her journey to heaven.

RIP Beverly Elero 🙏 You will be remembered and missed always,

Linda and Tom Harkness 🦋

There is a meeting for everyone! Join us at one of these meetings!

## Caring & Sharing Meetings

### In-Person Meetings

#### First United Presbyterian Church

14391 Minnieville Road  
Dale City, VA

**4<sup>th</sup> Sunday @ 3:00 p.m.**  
**(No Meeting in May)**

#### Manassas Church of the Brethren

10047 Nokesville Road, Room 207  
Manassas, VA 20110

**1<sup>st</sup> Thursday @ 7:00 p.m.**

### Zoom Meetings

**2<sup>nd</sup> Thursday @ 7:00 p.m.**

**Link will be emailed prior to meeting**

For more information contact:  
Beverly Ruane, Chapter Leader  
**540-628-4758 (h) or 703-395-9546 (c)**  
[ruane.beverly@yahoo.com](mailto:ruane.beverly@yahoo.com)

### Sibling Support Group

**The Virtual Support Group is making changes to the virtual meetings and they will now be held on the 3<sup>rd</sup> Tuesday 7:30-9:00 pm.**

**If you are a bereaved sibling, over the age of 18, and are interested in participating in this Virtual Support Group, please contact Amanda Hughes, Sibling Coordinator at 202-596-7573 or [siblings@bereavedparentsusa.org](mailto:siblings@bereavedparentsusa.org)**

### AMORe

(All Murdered Offspring Remembered)

**2<sup>nd</sup> Sunday @ 3 p.m.**

3182 Golansky Blvd, Suite 101  
Woodbridge, VA

**A support group meeting for parents whose children have been murdered.**

For more info contact:  
Beverly Ruane  
**540-628-4758 (h) or 703-395-9546 (c)**  
[ruane.beverly@yahoo.com](mailto:ruane.beverly@yahoo.com)

### Ruckersville Support Group Meeting

**3<sup>rd</sup> Sunday @ 2:00 pm**

Four Seasons Clubhouse  
Card Room  
444 Four Seasons Drive  
Ruckersville, VA 22968

For more information contact:  
Linda Harkness 703-405-7379  
[harknesslm@gmail.com](mailto:harknesslm@gmail.com)

### Chapter Book Club

Our Book Club meets on the last Thursday of the month at 7 p.m. We meet in person at Sue Cerrone's home, 15937 Cucumber Magnolia Way, Haymarket.



**\*No meeting in March\***

Join us as we read books on bereavement and grief, authored by Bereaved Parents who know what we are going through and understand our pain.

Please email [bpusanova@gmail.com](mailto:bpusanova@gmail.com), if you would like to receive emails about the Book Club. We'd really love to have more people participate.

For more information contact Sue at [suebcerrone@gmail.com](mailto:suebcerrone@gmail.com) or call 703-819-8604. Please RSVP if you are attending.

Our book for April is **Out of Order: When Parents Journey Through Child Loss** written by [Brigitte Brown Jackson](#). The book is available on Amazon.

## Message from Our Leader

Hello friends. I took over leadership of BPUSANoVa chapter a little over a month ago. Jodi, Debbie Shirt, and I are still working out some quirks; so, you will see Jodi listed on some emails, messages, and sign-up genius. We are all working together but please contact me if you have questions, concerns, information to pass on, or information on bereaved parents you would like to pass on.

Hopefully, soon we will be able to free Jodi of the many things she has been attached to and devoted herself to for so many years. Thank you for your patience as we continue to make adjustments.

Debbie will be running the zoom meeting on the second Thursday of the month at 7:00 pm. Sue Cerrone and Melody Ridgeway will be running the Manassas meeting on the first Thursday at 7:00. I will be running the in-person meeting on the fourth Sunday of the month at 3:00 and the AMORe support group on the second Sunday of the month. Occasionally, meeting dates may need to be changed or cancelled but you will be notified, so please read your email.

I'm excited to be your group leader and will continue to do the best I can for all of you. Please don't hesitate to contact me. I look forward to being a support for all.

Hugs, Beverly



## Garden News

Happy Spring everyone!

Now is the time for the plants, bushes, trees, and flowers to grow and bloom. That is if the weather can make up its mind! With new growth comes the enjoyment of tending to the memorial garden.

Volunteers will be needed to prepare the garden by mulching, planting, trimming, and everyone's favorite and always enough to share-WEEDING! Along with the growth comes the watering. We would like to get a watering schedule established if possible. If you would be interested in helping, please contact me. When we get a work day scheduled or even a spur of the moment work day you will be notified by email, so please read your email.

The Bereaved Parents Memorial Garden is for ALL of our children so as many as possible to help with the garden would be appreciated. Especially, if you have a stone for your child there. It helps to clean the area of your stone. The Butterfly Release is on Sunday July 12th, so like last year, we have less time to get it ready and beautified. Also, the sooner it is completed the sooner we can enjoying it even more. Thank you in advance for your help.

Hugs, Beverly

## Rock-It Creations

If you would like to have a rock in the Memorial Garden in memory of your child, sibling or grandchild, we highly recommend that you order through "Rock-It Creations." The rocks are river rocks and will last a life-time! Your rock can be personalized and customized. **Please order the large size rocks**, either the custom or standard rocks, for our Memorial Garden. There is no shipping charges or taxes on the rocks.

Go to Rock-It Creations' website to order a rock in memory of your loved one,  
<https://www.rockitcreations.com/>

If you have any questions, contact Jodi Norman at 703-656-6999 or [bpusanova@gmail.com](mailto:bpusanova@gmail.com)



## The Second Year of Grief Feels Different

Many people assume the first year of grief is the hardest. And in many ways, it is.

The first year is full of 'firsts.'

The first birthday without them.

The first holidays.

The first anniversary of their death.

But something changes in the second year that only those of us that have lost someone we love truly understand. It's the feeling that everyone expects us to be doing better and not so sad.

But sometimes that's not the case at all.

In my book 'SURVIVING GRIEF - 365 Days A Year', I wrote something that still rings true for me: "The first year for me was all about navigating life alone. The second year was trying to learn how to redefine and recreate a purposeful meaningful life for myself."

The fog I was living in the first year lifted and in the second year the reality set in. And that felt like being pushed all the way back to the starting line of this horrible grief journey.

And the only difference was that now in the second year I felt like I was carrying my loss all alone because everyone else thought I should be over it and moving on.

But I was actually missing everything about my life that I lost even more. And on top of that I was looking into a future that seemed so empty while everyone else was just going on with their life as usual.

But over time I began to understand something. Grief doesn't move in a straight line, and it doesn't follow anyone else's timetable.

The second year isn't about being over it. It's about slowly learning how to carry a love that no longer has a physical place to go. And that takes time.

Because what people don't always understand is that you're still learning how to live with a loss that changed your life.

And little by little, sometimes so slowly you barely notice it, life begins to grow around the grief.

Because the love doesn't disappear...it just becomes part of who you are now.

Gary Sturgis

We apologize if there are any mistakes in the "We Remember Our Loved One" section. If we spelled any names incorrectly, have any dates incorrect or your loved one's name is not listed and has a birthday or death date during the months of March and April, please provide us with your loved one's information so they can be included correctly in future newsletters.

Missing someone  
is sadness  
wrapped in  
the blessing  
of having  
known them.

**My child died.  
I don't need advice.  
All I need is for you  
to gently close your mouth,  
open wide your heart and  
walk with me until  
I can see in color again.**

Angela Miller

“

**Grief is not a sign of  
weakness, nor a lack of  
faith... It is the price of love.**

Elisabeth Kübler-Ross

Thank You from Jodi

I want to thank everyone who attending the dinner for my retirement as leader. It meant so much to me that you all attended!

Also, thank you for all the cards, gifts, and flowers. You guys are the best and I am so blessed to have you all in my life!

This is not good-bye so I'll see you all at meetings and events.

Love and Hugs, Jodi



# We Remember Our Loved Ones

## Who have Birthdays and Death Dates in March and April

Simi Abrol	9/12/84 ~ 4/01/18	Kwadwo Amoako Kusi	3/20/06 ~ 7/26/08
Joseph Michael Atalla	3/19/85 ~ 1/24/22	Adriana Therese Ladino	10/31/02 ~ 3/23/19
Emily Andrews	8/02/97 ~ 3/14/16	Thomas Langston	4/05/92 ~ 8/04/18
Tyrone Trone Ashford	3/30/98 ~ 06/20/21	Robert Andrew Larson	3/14/94 ~ 6/30/10
William Bruce Austin II	5/11/84 ~ 4/10/18	Glen Irvin Leonard II	4/13/71 ~ 12/07/09
Samuel W. Aylesworth, Jr.	9/22/63 ~ 3/07/22	Henry Lewis III	2/16/74 ~ 4/15/02
Pounch Bahri	10/25/88 ~ 3/04/14	Erika (Brummett) Lott	4/6/77 ~ 11/05/13
Chad Michael Bailey	9/14/77 ~ 3/25/20	Kyle Ludeman	4/12/93 ~ 8/27/13
Bryan Christopher Bingel	1/08/80 ~ 3/04/08	Derek Meffert	4/21/95 ~ 8/15/10
Matthew Bingel	4/23/87 ~ 4/23/87	Christina Morgan	7/30/80 ~ 3/13/02
Christopher Wesley Blok	3/21/80 ~ 2/25/09	Nicholas James Nelson	7/16/90 ~ 4/19/18
Dr. Lorna Margaret Breen	10/09/70 ~ 4/26/20	Michael Dennis Page	4/20/90 ~ 12/06/21
Samantha Margaret Brown	6/05/90 ~ 4/24/21	Thomas Parker	8/26/92 ~ 4/15/19
Abigail Jane Buckley	4/25/15 ~ 11/17/16	Aaron Keith Payne	3/28/80 ~ 4/05/18
Amy R. Buckley	3/13/86 ~ 11/17/16	Jaid'n Thomas Ian Payne	3/14/00 ~ 11/19/21
Danielle Mae Burmeister	3/26/11 ~ 3/26/11	Evan David Peugh	8/3/90 ~ 4/26/14
Justine Noel Carlton	3/30/98 ~ 5/11/20	Joseph Maeda Raiger	3/14/06 ~ 3/17/24
Jaiden Malik Carter	3/26/03 ~ 9/04/22	Stephen P. Ramos	4/24/87 ~ 11/11/19
Jawann Edward Carter	3/19/87 ~ 3/25/22	Kira Marie Nicklas Rippy	10/23/82 ~ 3/22/18
Autumn Marie Coffie	4/16/88 ~ 12/29/14	Eric Noah Rivers	5/15/95 ~ 3/19/20
Sarah Beth Cole	8/06/80 ~ 4/23/11	Christian Jamar Roberts	4/21/99 ~ 5/15/22
Jason Michael Colson	3/09/84 ~ 10/01/08	Obadiah Eli Roberts	3/29/96 ~ 6/18/21
Rosanna Lynn Crist	4/10/86 ~ 7/30/23	Matthew Allan Ruane	9/07/83 ~ 4/29/02
Christina Lynn Curtis	3/01/74 ~ 12/25/07	Lionel Andres Salvador	3/30/13 ~ 3/30/13
Lisa Marie Donnelly	4/15/78 ~ 2/06/24	Ronald Mark "Bud" Shirt	4/05/57 ~ 1/06/99
Forrest Grant Dotson	8/25/79 ~ 4/19/17	Klee Solomon Orion Simmons	3/27/89 ~ 8/09/15
Michael A. Doyle	9/17/81 ~ 3/12/18	Jacqueline Simoes	11/05/66 ~ 3/15/06
Brandon Marque Draughn	4/15/84 ~ 6/20/17	Karl Dewan Smith	11/20/83 ~ 4/25/04
Bryan Eastes	8/18/80 ~ 4/18/17	Kevin Smith	8/24/79 ~ 3/28/16
Baja Flagg	1/07/91 ~ 3/15/20	Mary Anna "Missie" Smoot	3/31/84 ~ 1/17/22
Antonio Ford-Flores	2/25/89 ~ 4/15/10	Ananth Vignesh Sridhar	11/12/94 ~ 3/20/18
Dillon Adam Foley	11/16/98 ~ 4/02/20	Kevin Michael Stanphill	3/12/80 ~ 5/09/09
Ryan Patrick Fox	4/10/84 ~ 7/29/24	Daniel "Cody" Starr	4/13/88 ~ 7/30/20
Jacob Thomas Fulton	4/15/03 ~ 1/11/15	Graham Thomson Stevenson	3/30/85 ~ 9/22/07
John Alexis Giandoni	3/21/77 ~ 3/15/18	Margaret Jane Suliga	4/23/87 ~ 9/02/19
Raven Gileau	6/23/90 ~ 4/23/10	Beckett Josef TePaske	4/04/12 ~ 5/12/15
Ahmad Givon Glenn	3/06/83 ~ 12/04/06	Bill Thompson	9/14/51 ~ 4/19/17
Dwayne Eddie Gonsorcik	5/26/74 ~ 4/26/13	Linda Thompson Plewes	7/16/51 ~ 3/21/02
Justin Green	3/28/94 ~ 3/28/94	Neale Thompson	4/07/71 ~ 4/09/93
Daniel Patrick Grimsley	3/2/88 ~ 11/17/21	Austin Trenum	3/26/93 ~ 9/27/10
Kourtney Michelle Hale	5/29/80 ~ 3/14/10	Anthony Joseph Turchiano	8/04/79 ~ 4/29/17
Melvin Eugene Hakenson, Jr.	4/25/76 ~ 6/13/23	Ruben Chavira Urbina	4/22/02 ~ 9/15/17
Kristin Marie Harkness	3/19/89 ~ 2/22/08	Brian Floyd Weakley	1/20/80 ~ 4/19/07
Kimberley Hellandbrand	11/03/69 ~ 4/27/19	Kyle Robert Wilson	5/25/82 ~ 4/16/07
Kyle Irwin	07/27/92 ~ 4/21/20	Baby Woods	3/15/16 ~ 3/15/16
Cody Darrin Johnson	9/11/02 ~ 3/06/09	Noah Woods	4/19/16 ~ 4/19/16
Kashif Johnson	3/15/87 ~ 5/01/07	Jakari D. Wright	3/31/97 ~ 8/18/18
Leslie Ann Kramer	4/20/71 ~ 12/17/06	Ahmet Kutluhan Yilmaz	12/18/97 ~ 4/02/24
		Neil York	4/29/93 ~ 4/25/15

**Welcome,  
You are not alone...**

We are the parents whose children have died. We are the siblings whose brothers and sisters no longer walk with us through life. We are the grandparents who have buried grandchildren.

We come together as Bereaved Parents of the USA to provide a safe space where grieving families can connect, share our stories, and learn to rebuild our lives. We attend meetings whenever we can and for as long as we find helpful. We share our fears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness, knowing these emotions will be met with compassion and understanding. As we support, comfort and encourage one another, we offer hope and healing. As we confront the deaths of our loved ones, our shared grief brings us to a common ground that transcends differences, building mutual understanding across the boundaries of culture, race, faith, values, abilities, and lifestyle.

Together we celebrate the lives of our children, siblings, and grandchildren, sharing the joys and the heartbreaks as well as the love that will never fade. Together, strengthened by the bonds we create, we offer what we have learned from one another to every bereaved family, no matter how recent or long ago the death.

We are the Bereaved Parents of the USA. We welcome you.

## Chapter Contact Information

Beverly Ruane, Leader  
P.O. Box 7675  
Woodbridge, VA 22195  
Phone: 540-628-4758 (h)  
or 703-395-9546 (c)  
[ruane.beverly@yahoo.com](mailto:ruane.beverly@yahoo.com)



Bereaved Parents of the USA  
[www.bereavedparentsusa.org](http://www.bereavedparentsusa.org)

## Chapter Leadership

Chapter Leader: Beverly Ruane  
Co-Leaders: Debbie & Tim Shirt  
Manassas Meeting Leaders: Sue Cerrone,  
Melody Ridgeway  
Book Club Leader: Sue Cerrone  
Ruckersville Leader: Linda Harkness  
Web Site, Facebook and Newsletter  
Editor: Jodi Norman

## 2026 Events

### Mark Your Calendar and Save the Dates

**Thursday, March 26** – No Book Club Meeting

**Wednesday, April 1 @ 7 p.m.** – Pot Luck Dinner at Larson Home

**Sunday, May 3 @ 1 p.m.** – Bereaved Mother's Day Luncheon, United Buffet, Woodbridge

**Sunday, May 24** – No Meeting – Memorial Day Weekend

**Saturday, May 30 @ 1 p.m.** – Brunch at Ashton Ave Family Restaurant, Manassas

**June, September and November 2026** – Pot Luck Dinners at Larson Home

**Sunday, July 12** – Butterfly Release

**July 24-26** – National Gathering, Pittsburgh, PA

**Sunday, September 20** – Annual Picnic & Lotus Flower Release, Locust Shade Park

**Sunday, December 13** – Annual Service of Remembrance

\*Dates and Events are subject to change

## Please Check E-mails & Facebook

Almost all of our Chapter Communication is done via email. Please check your emails at least once a week. Everything from the newsletter to Chapter Announcements are sent through email. It would also be helpful to respond to all emails sent regarding the Chapter. That lets me know that you did see the email and that I have a correct email address – a simple “got it” would be better than no response at all!

It would also be helpful if you would join our private Facebook page. Please check this page on a regular basis. A Facebook page has been set up for our chapter. Members can join our group at Bereaved Parents of the USA/Northern VA Chapter. This is a closed group for privacy purposes, so nothing posted here will go into your regular News Feed for your regular FB friends to see. Request to join the group and approval will be sent to you.