

May/June 2026  
Volume 23, Issue 3



**Bereaved  
Parents**  
OF THE USA

*Twenty-Three Years of Hope & Healing*



# Wings of Hope Butterfly Release

**Sunday, July 12, 2026**

**5:30 p.m.**

**BPUSA Memorial Garden  
St. Benedict Monastery,  
9535 Linton Hall Road, Bristow, VA**

The highlight of the Butterfly Release will be the individual and mass release of the butterflies accompanied by music, inspirational readings and remembering our children.

We are requesting a \$5 donation per butterfly. RSVP's and orders for the butterflies must be received by July 1st at the link below:

<https://www.signupgenius.com/go/10C0948ACAE22A4F8CF8-64005037-2026>

Refreshments will be provided by the chapter after the program and release of the butterflies.

If you would like to participate in the program, please let Bev Ruane know what you would like to do at [ruane.beverly@yahoo.com](mailto:ruane.beverly@yahoo.com) or call 540-628-4758.

Please bring lawn chairs as there is no seating at the garden.

There is a meeting for everyone! Join us at one of these meetings!

## Caring & Sharing Meetings

### In-Person Meetings

**First United Presbyterian Church**  
14391 Minnieville Road  
Dale City, VA  
**4<sup>th</sup> Sunday @ 3:00 p.m.**  
**(No Meeting in May)**

**Manassas Meeting**  
**No meetings until Fall**

### Zoom Meetings

**2<sup>nd</sup> Thursday @ 7:00 p.m.**  
<https://us06web.zoom.us/j/89879420694?pwd=qmxZm5EKvH4CNE6sbyXvfscLQkLnde.1>

For more information contact:  
Beverly Ruane, Chapter Leader  
540-628-4758 (h) or 703-395-9546 (c)  
[ruane.beverly@yahoo.com](mailto:ruane.beverly@yahoo.com)

## AMORe

(All Murdered Offspring Remembered)

**2<sup>nd</sup> Sunday @ 3:00 p.m.**  
**3182 Golansky Blvd, Suite 101**  
**Woodbridge, VA**

**A support group meeting for parents whose children have been murdered.**

**For more info contact:**  
**Beverly Ruane**  
**540-628-4758 (h) or 703-395-9546 (c)**  
**[ruane.beverly@yahoo.com](mailto:ruane.beverly@yahoo.com)**

**Ruckersville Support Group Meeting**  
**3<sup>rd</sup> Sunday @ 2:00 pm**

**Four Seasons Clubhouse**  
**Card Room**  
**444 Four Seasons Drive**  
**Ruckersville, VA 22968**

For more information contact:  
Linda Harkness 703-405-7379  
[harknesslm@gmail.com](mailto:harknesslm@gmail.com)

## Sibling Support Group

**The Virtual Support Group is making changes to the virtual meetings and they will now be held on the 3<sup>rd</sup> Tuesday 7:30-9:00 pm.**

**If you are a bereaved sibling, over the age of 18, and are interested in participating in this Virtual Support Group, please contact Amanda Hughes, Sibling Coordinator at 202-596-7573 or [siblings@bereavedparentsusa.org](mailto:siblings@bereavedparentsusa.org)**

## BEREAVED PARENTS OF THE USA NATIONAL GATHERING

July 24-26  
Pittsburgh Airport Marriott



For more information and to register:  
<https://bereavedparentsusa.org/2026-national-gathering/>

“Early-Bird” Rates extended until 1 June

## Refreshments at Meetings

If you would like to remember your child's birthday or the anniversary of his or her death, please bring your child's favorite cake or cookies to the meeting that month. Please let Beverly know that you will be bringing refreshments.

**2027 Chapter Retreat**  
**October 15-17, 2027**  
**Richmond, VA**

## Saturday Brunch

May 30, 2026

1:00 p.m.



Ashton Avenue Family Restaurant  
9920 Cockrell Road  
Manassas, VA 20110

RSVP by Wed., May 26:

<https://www.signupgenius.com/go/10C0948ACAE22A4F8CF8-63000911-saturday>

## June Pot Luck Dinner

Tuesday, June 9, 2026

7:00 p.m.

Valerie & Rich Larson Home  
6900 Cole Timothy Court  
Manassas, VA



RSVP:

<https://www.signupgenius.com/go/10C0948ACAE22A4F8CF8-64005586-june>

## VOLUNTEERS NEEDED



There are dozens of tasks that go into running our chapter and our special events. If you feel you are now in a place in your grief journey where you can help and give back to the chapter in any little way, we would love your help. Most of us find that when we reach a point of giving back to those who come after us, we gain far more than we give.

Let Beverly Ruane know how you would like to help the chapter. Please feel free to contact her by home phone (540-628-4758), cell phone (703-385-9546) and/or email ([ruane.beverly@yahoo.com](mailto:ruane.beverly@yahoo.com)).

## Garden News

Hello Spring! It is that time of the year when the earth awakens and everything starts growing. The trees are full, the flowers are blooming, the Lilac bushes have a sweet smell, and .....the WEEDS have made a grand entrance!

A group of us went to go work the first week in May to ready the Memorial Garden for the season. The Japanese Maples, Crepe Myrtles, Butterfly Bushes, Hydrangea, along with other bushes are filling out and the flowers are starting to bloom. We straightened, pulled weeds, pruned, trimmed, planted flowers, and spread mulch. Except for planting some more flowers and arranging a few things, the garden is finished! We are also excited to introduce a new addition to the garden, the LOVE sign. It is to honor our children. Love never dies. You are welcomed to visit and enjoy the beauty of the garden.

The initial work in the garden is completed but the work is not done. The garden will need to be maintained throughout the growing season which includes weeding and watering. There are new seeds and new plants that especially need to be watered, if not daily then every other day. Please contact me or Jodi if you can help. You will also be notified of any work days scheduled. If you have never been to the garden to water let us know and one of us will come and show you where and how it works. Any and all help is greatly appreciated. This Memorial Garden belongs to all our children and everytime someone does something to keep it beautiful it is being done for the child.

The Memorial Garden was created as a special and peaceful place to go, sit, meditate, and remember our children gone to soon. You are welcome to go and enjoy its beauty and calmness. Our children are a part of us and always will be.

Peace be to all. Love and hugs, Beverly

If you have any questions about the garden, please contact Bev Ruane at 540-628-4758 (h) or 703-395-9546 (c) or email: [ruane.beverly@yahoo.com](mailto:ruane.beverly@yahoo.com)



## Rock-It Creations

If you would like to have a rock in the Memorial Garden in memory of your child, sibling or grandchild, we highly recommend that you order through "Rock-It Creations." The rocks are river rocks and will last a life-time! Your rock can be personalized and customized. Please order the large size rocks, either the custom or standard rocks, for our Memorial Garden. There is no shipping charges or taxes on the rocks.

Go to Rock-It Creations' website to order a rock in memory of your loved one,  
<https://www.rockitcreations.com/>

If you have any questions, contact Jodi Norman at 703-656-6999.



## Tell Us Your Story

Interested in sharing your child's story for a book designed to give other Bereaved Parents hope?



We are looking for parents who would be willing to be interviewed and have their story written (with your approval) OR write your own story for submission.

Contact Sue Cerrone for more info at 703-819-8604 or [Suebcerrone@gmail.com](mailto:Suebcerrone@gmail.com).

## Picture Buttons

Anyone interested in a picture button of your child/children/sibling/grandchild, please let me know and I will make as many buttons as you would like to have.

Please email a picture, that you would like used to make a button, to [bpusanova@gmail.com](mailto:bpusanova@gmail.com). If I already have a picture, just let me know how many buttons you would like and I will use the picture I have.

*Please do not crop the pictures as the more space around the child the better!*

## Chapter Book Club

Our Book Club meets on the last Thursday of the month at 7 p.m. We meet in person at Sue Cerrone's home, 15937 Cucumber Magnolia Way, Haymarket.



**\*No Meetings Until September 24<sup>th</sup> \***

For more information contact Sue at [suebcerrone@gmail.com](mailto:suebcerrone@gmail.com) or call 703-819-8604.

The next book is **Out of Order: When Parents Journey Through Child Loss** written by [Brigitte Brown Jackson](#). The book is available on Amazon.

## Please Check E-mails & Facebook

Almost all of our Chapter Communication is done via email. Please check your emails at least once a week. Everything from the newsletter to Chapter Announcements are sent through email. It would also be helpful to respond to all emails sent regarding the Chapter. That lets me know that you did see the email and that I have a correct email address – a simple “got it” would be better than no response at all!

It would also be helpful if you would join our private Facebook page. Please check this page on a regular basis. A Facebook page has been set up for our chapter. Members can join our group at Bereaved Parents of the USA/Northern VA Chapter. This is a closed group for privacy purposes, so nothing posted here will go into your regular News Feed for your regular FB friends to see. Request to join the group and approval will be sent to you.

## Check Out Our Website

<http://www.bpusanova.com>

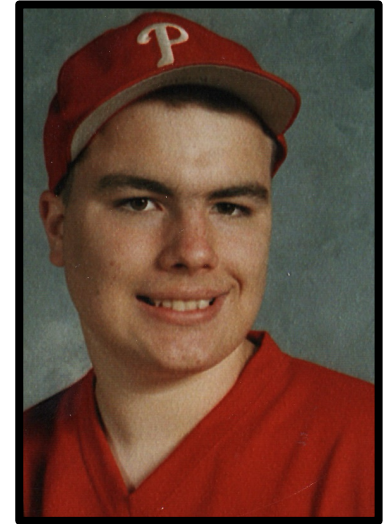
I need everyone's help in updating our website. If you have not already done so, please write a bio of your child and include a photo or a collage of pictures to include in “Our Children Remembered” Section. We would like to have all the children of our chapter included on this page. Please send submissions to Jodi at [bpusanova@gmail.com](mailto:bpusanova@gmail.com).

Attention:

If you do not wish to continue to receive this newsletter or be on our mailing list, please let us know by contacting [bpusanova@gmail.com](mailto:bpusanova@gmail.com).

Thank you!

In Loving Memory of  
Christian Paul Norman  
2/4/85 ~ 6/3/01



June 3, 2001, 25-years ago, it's hard to believe that 25 years have passed since that horrible day, a day that I will never forget. It was a Sunday, Christian had not been feeling well that day, but we didn't think it was serious as others in the family were also not feeling well that day. His younger brother had a baseball game that afternoon, and even though Christian loved going to his brother's games, that day he stayed home with his older brother as I didn't want him out in the heat while not feeling well. He had been asking his brother to take him to the comic shop and to McDonald's so he was feeling much better. At 5:00 I got a call from his brother asking if he could go to his girlfriend's house for dinner. About 15 minutes after his brother left the house his dad got home from the ballgame and found Christian unresponsive by the front door.

I want to share with you a little about my beautiful special boy. Christian Paul Norman was born on February 4, 1985 at Fort Lewis, WA, the second of three boys. His brothers, Josh and Jake were his best friends. He loved to have Josh take him to fun places and he and Jake did everything together – their development was at about the same pace even with a 5-year age difference, they both loved the same tv shows, toys, and video games.

Being a part of a military family, Christian lived in many places in his short 16 years. In addition to Fort Lewis, WA twice, he also lived in Jacksonville, AL; Seoul and Pusan Korea; Monterey, CA; Metairie, LA; Moorhead, MN; Fort Belvoir, VA and Woodbridge, VA.

At the time of his death, Christian was a student at Hylton High School in Woodbridge, VA.

Christian was diagnosed with "Autism" at the age of 18 months and was in a class for Special Needs Students. Christian was high functioning and loved to draw (we didn't go anywhere without his drawing pad and his special pens), play video games, loved action figures - Transformers and Power Rangers being his favorites! Christian loved pizza, Diet Dr. Pepper and McDonald's. Chuck E Cheese and any comic shop were his favorite places to go! Christian participated in Special Olympics Basketball and Swimming and played Challenger Baseball.

Christian was a perfect baby and I remember saying that if all babies were as good as Christian, I would have 10 kids – he was so lovable and happy! Unfortunately, after receiving his MMR shot at 15 months everything changed and he started to regress and at 18 months was diagnosed with "Atypical" Pervasive Developmental Disorder (Autism) - of course it was "Atypical" as Christian never did anything typical!

When Christian was 6 years old, and we lived in Metairie, LA, he was hit by a car and broke both his femurs which resulted in a 30-day hospital stay and 30 days in a full body cast. A couple years later, Christian was diagnosed with Type 1 Diabetes, which they said was caused by the trauma of his accident.

In May 2001, Christian had a seizure, the first one he had ever had and fell down the basement steps. It is believed that Christian hit his head and 2 weeks later on June 3, 2001, Christian died from Cerebral Edema (swelling of his brain). His death was totally unexpected and sudden.

We love and miss you, my lovable goofy boy, forever and always! Love, Mom (Jodi Norman)

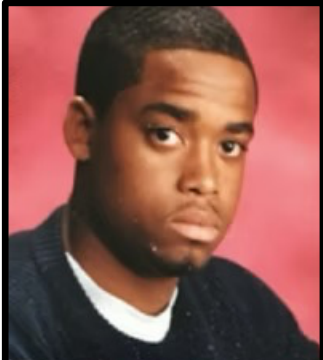
*"If there ever comes a day when we can't be together, keep me in your heart,  
I'll stay there forever."*

— A.A. Milne

## A Tribute to Our Son

In Loving Memory of Tommie J. Wonnum III

6/14/84 ~ 6/30/03



There are no words that truly capture what it means to miss a child. My son was only 19 years old — my baby boy, my youngest — and yet he carried himself with the wisdom and depth of someone who had lived a lifetime. He was an old soul in a young body, thoughtful, observant, and grounded beyond his years. He loved the Lord. His faith guided how he lived and shaped the man he was becoming. It influenced his compassion, his humility, and the integrity he showed in every area of his life. There was a quiet strength in him that reflected the values he held close to his heart. He cherished his family deeply. As the youngest, he brought a special light into our home, but he was never “just the baby.” He had a presence about him. He valued time together — conversations, laughter, and even the simple, ordinary moments that meant everything. He was a leader among his friends and within our family. Not loud or boastful, but steady and confident. Others naturally looked to him for guidance, advice, and reassurance. He led with respect. He led by example. He led with heart. He was attending Virginia State University with plans to become a physical sports therapist. He wanted to help others heal, to strengthen bodies and restore confidence. That desire reflected who he was at his core — someone who cared about people’s well-being and wanted to make a meaningful difference in their lives. He was compassionate in a genuine way. He listened carefully. He cared deeply. He made people feel seen and understood. His kindness was not for show — it was simply who he was. He was direct — honest in his opinions and clear in his convictions — yet never unkind. He believed in truth with respect. That balance is rare, especially at such a young age. He was well-rounded and intentional. In his studies, in his friendships, and within our family, he gave his full attention. He did not do things halfway. He thought deeply. He showed up fully. As his mother, I miss everything — his voice, his laughter, his leadership, his perspective, his presence. I miss calling him my baby boy. I miss watching him grow into the extraordinary young man he was becoming. I miss the future we dreamed about. Though his life was brief, it was meaningful. His faith, his love for family, his natural leadership, and his desire to serve others left an imprint that time cannot erase. He will always be my baby boy. My youngest. My old soul. And I will always carry him with me. Love Mom (Fran Barr)

## Louise Finch

8/20/45 ~ 5/1/26

Louise and her husband, Clay were members of our Bereaved Parents group since we began after the murder of their son, Robert and his girlfriend, Dana on January 1, 2001.

Frances Louise Finch, lovingly known as “Weezie,” passed away on May 1, 2026, in New Bedford, Massachusetts, after a brief battle with ALS. She was 80 years old.

Louise was the devoted wife of the late Clayton Reed Finch, the love of her life, with whom she shared nearly 47 years of marriage. Together, they built a life centered on family, hard work, and togetherness. She was a proud and loving mother to Robert Alan Finch (d. 2001), J. Marie Finch (d. 1973), Jennifer Finch Robitaille (Jacob), and Jeanine Noel Finch (Ivan Solis Jr.). Louise was a cherished grandmother to six. Being “Grandma” was one of her most treasured roles, and she found her greatest joy in simply being surrounded by her family.

Born and raised in Yonkers, New York, Louise grew up in a loving household that shaped her into the warm, generous, and family-centered woman she became. She carried those values throughout her life, always making space for gatherings, celebrations, and quiet moments together.

Louise will be remembered for her kindness, her warmth, and her unmistakable laugh. She will be deeply missed and forever loved by all who knew her.





## We Remember Our Children

### Who have Birthdays and Death Dates in May and June

Zaria Jasmyn Nevaen Agee	1/28/04 ~ 6/09/19	Brandon Marque Draughn	4/15/84 ~ 6/20/17	Nickolas Steven Nosbisch	6/09/88 ~ 6/08/18
Michael Alcantara II	8/04/05 ~ 5/15/24	David John Drumheller	8/30/89 ~ 6/20/16	Josephine Pennefather	6/21/03 ~ 6/21/03
Fabio Mauricio Amarillo	5/26/88 ~ 6/02/19	Matthew Eng	9/16/92 ~ 6/24/23	Timothy Peyton	6/13/68 ~ 2/09/17
Charles (CJ) Angelos, Jr	5/28/85 ~ 11/18/06	Scott Michael Fulton	5/25/93 ~ 10/08/21	Robert K. Pugh	1/17/57 ~ 5/23/23
Zachary William Arnold	9/23/84 ~ 5/11/14	Ezekiel Josiah Gales	1/30/98 ~ 6/08/20	Eric Noah Rivers	5/15/95 ~ 3/19/20
Mielen Garlit Arquines	2/01/68 ~ 6/04/08	Raven Gileau	6/23/90 ~ 4/23/10	Christian Jamar Roberts	4/21/99 ~ 5/15/22
Tyrone Trone Ashford	3/30/98 ~ 06/20/21	Jacob Charles Glushefski	5/23/77 ~ 2/21/11	Obadiah Eli Roberts	3/29/96 ~ 6/18/21
William Bruce Austin II	5/11/84 ~ 4/10/18	Dwayne Eddie Gonsorcik	5/26/74 ~ 4/26/13	Carl Andrew Runion	7/27/94 ~ 5/14/21
Brandon Scott Bailey	6/21/79 ~ 5/31/99	Christina Gordon	5/08/13 ~ 5/08/13	John Christian Rusaw	2/04/72 ~ 6/08/23
James "Jimmy" Barnette	7/11/98 ~ 6/03/06	John Gregory	9/21/73 ~ 6/03/13	Vernon Santmyer, Jr.	8/24/79 ~ 5/17/11
Donald "Donnie" Barrett.	5/14/76 ~ 5/03/02	Melvin Eugene Hakenson, Jr.	4/25/76 ~ 6/13/23	Natalie Marie Selles	5/07/85 ~ 5/17/24
Kimberly Ann Barrett	9/08/86 ~ 5/04/02	Kourtney Michelle Hale	5/29/80 ~ 3/14/10	Courtney Sharee Shelby	11/23/93 ~ 5/14/01
Jamie William Billek	6/25/06 ~ 6/25/06	Michael F.K. Hammaker	12/02/98 ~ 5/21/21	Leiliana Noelle Shwartz	7/11/09 ~ 6/02/24
Joseph Brendan Birkebile	6/26/89 ~ 1/11/11	Aliyah Denise Henderson	5/20/03 ~ 8/23/22	Mark Alexander Slough	6/26/96 ~ 10/08/15
Tiffany Blackwood	12/08/84 ~ 6/09/21	Gabrielle Nicole Henderson	5/28/86 ~ 6/17/99	Benjamin Gilbert Smith III	6/07/91 ~ 9/25/11
Michael Booker	6/06/99 ~ 9/03/20	Olivia Rose Cecilia Henry	5/27/02 ~ 5/26/12	Colby Thomas Smith	5/25/04 ~ 10/11/15
Parker Evan Boyd	9/15/98 ~ 6/04/08	Daniel Franklin Houston	8/10/68 ~ 6/13/16	Derek Smith	6/26/77 ~ 1/29/24
Benjamin Andrew Brletic	5/17/77 ~ 12/30/21	Nicholas Hoy	5/16/95 ~ 9/10/23	Adam Charles Sorge	5/12/94 ~ 1/04/14
Samantha Margaret Brown	6/05/90 ~ 4/24/21	Ethan Humphrey	6/23/16 ~ 7/22/16	Kevin Michael Stanphill	3/12/80 ~ 5/09/09
Brian Brumbaugh	11/09/83 ~ 5/02/07	Adrienne Leigh Ingram	6/25/79 ~ 12/2/07	Michael "Ryan" Stevens	7/07/87 ~ 5/30/07
Brandon Bundy	5/19/84 ~ 8/24/08	Devonte Lee Ivy	6/16/00 ~ 9/16/19	RoseAnn M. Taylor	6/02/44 ~ 1/02/23
Erwin F. Burock	12/17/48 ~ 5/25/13	Derrick V. James	6/01/74 ~ 5/28/05	Beckett Josef TePaske	5/04/12 ~ 5/12/15
Justine Noel Carlton	3/30/98 ~ 5/11/21	Rasheem Kuwan Jenkins	5/04/82 ~ 9/09/09	Hazel Athena Thomas	5/07/21 ~ 10/24/21
Adam B. Carter, USN	1/05/88 ~ 5/30/24	Kashif Johnson	3/15/87 ~ 5/01/07	Andrew Vogel	6/25/69 ~ 11/13/13
Hailey Katlyn Cavin	6/11/95 ~ 8/17/23	Matthew Russell King	5/16/79 ~ 9/08/21	Andre' Waters	5/31/97 ~ 12/23/07
Cole James Clark	5/11/13 ~ 5/15/17	Robert Andrew Larson	3/14/94 ~ 6/30/10	Christopher Wheeler II	5/08/18 ~ 1/08/23
Baby Combo	5/08/16 ~ 5/08/16	Nicole Michelle Lee	6/22/89 ~ 1/26/08	Josh Weaver	6/17/82 ~ 9/09/09
Emmanuel Camden Conty	5/29/19 ~ 5/29/19	Robert Loiseau	8/22/72 ~ 5/27/93	Kyle Robert Wilson	5/25/82 ~ 4/16/07
Brandon DeWulf	6/20/85 ~ 6/29/09	Robert Henry Maples	6/07/76 ~ 7/05/18	Tommie J. Wonnun III	6/14/84 ~ 6/30/03
Corey Martin Dill	7/25/90 ~ 5/03/07	Ian Patrick McDonald	5/05/89 ~ 1/12/15	Franklin Conner Woodward	5/15/08 ~ 5/17/08
		Karl Matthew Nicolai	5/08/70 ~ 8/05/24	Stephen Wesley Wright	6/06/89 ~ 11/21/13
		Christian Paul Norman	2/04/85 ~ 6/03/01	Keith William Zank	10/09/82 ~ 5/21/22

We apologize if there are any mistakes in the "We Remember Our Loved One" section. If we spelled any names incorrectly, have any dates incorrect or your loved one's name is not listed and has a birthday or death date during the months of May and June, please provide us with your loved one's information so they can be included correctly in future newsletters.

## Bereaved Parents of the USA Credo

We are the parents whose children have died. We are the siblings whose brothers and sisters no longer walk with us through life.

We are the grandparents who have buried grandchildren.

We come together as Bereaved Parents of the USA to provide a safe space where grieving families can connect, share our stories, and learn to rebuild our lives.

We attend meetings whenever we can and for as long as we find helpful. We share our fears, confusion, anger, guilt, frustrations, emptiness, and feelings of hopelessness, knowing these emotions will be met with compassion and understanding. As we support, comfort and encourage one another, we offer hope and healing.

As we confront the deaths of our loved ones, our shared grief brings us to a common ground that transcends differences, building mutual understanding across the boundaries of culture, race, faith, values, abilities, and lifestyle.

Together we celebrate the lives of our children, siblings, and grandchildren, sharing the joys and the heartbreaks as well as the love that will never fade. Together, strengthened by the bonds we create, we offer what we have learned from one another to every bereaved family, no matter how recent or long ago the death.

We are the Bereaved Parents of the USA. We welcome you.

## Chapter Contact Information

Beverly Ruane, Leader

P.O. Box 7675

Woodbridge, VA 22195

Phone: 540-628-4758 (h)

or 703-395-9546 (c)

[ruane.beverly@yahoo.com](mailto:ruane.beverly@yahoo.com)



Bereaved Parents of the USA

[www.bereavedparentsusa.org](http://www.bereavedparentsusa.org)

## Chapter Leadership

Chapter Leader: Beverly Ruane

Co-Leaders: Debbie & Tim Shirt

Manassas Meeting Leaders: Sue Cerrone,  
Melody Ridgeway

Book Club Leader: Sue Cerrone

Ruckersville Leader: Linda Harkness

Web Site, Facebook and Newsletter Editor:  
Jodi Norman

## 2026 Events

### Mark Your Calendar and Save the Dates

**Sunday, May 24** – No Meeting – Memorial Day Weekend

**Saturday, May 30 @ 1 pm** – Brunch at Ashton Ave Family Restaurant, Manassas

**Tuesday, June 9 @ 7 pm** – Pot Luck Dinner at Larson Home

**Sunday, July 12 @ 5:30 pm** – Butterfly Release

**July 24-26** – National Gathering, Pittsburgh, PA

**Sunday, September 20** – Annual Picnic & Lotus Flower Release, Locust Shade Park

**September and November 2026** – Pot Luck Dinners at Larson Home

**Sunday, December 13** – Annual Service of Remembrance

\*Dates and Events are subject to change

## Chapter Newsletters

I would like to add a new feature to our newsletters. I would like to spotlight our children with their photo and to introduce them, who they were, what they did, what were their favorite things, what were their dreams. Basicly, tell me about your child!

If you like to write and would like to contribute to our chapter newsletters, I would love to include your writings about your grief journey in our newsletters. Our Newsletter is published 4 times a year. Email submissions to [bpusanova@gmail.com](mailto:bpusanova@gmail.com).

## Someone Cares About You

If you are receiving this newsletter and have never attended one of our meetings, it is because someone who cares about you feels that our newsletter may help you on your journey through grief. We're sorry for the reason you are receiving this newsletter but invite you to attend our monthly meetings. We cannot take away your pain but we can offer friendship and support.